



Welcome to
SAINT ANDREW'S EPISCOPAL CHURCH
TAMPA, FLORIDA

THE FIFTH SUNDAY AFTER THE EPIPHANY

FEBRUARY 4, 2024
10:30AM

*May those who sorrow find comfort;
the weary, rest;
the troubled, peace;
the lonely, friends;
the unhappy, joy;
and may all find the sense of God's presence in this Holy Place.*

Welcome to Saint Andrew's Church in the city of Tampa. You are sharing in a tradition of worship that has been offered here since 1883, when a wood-frame building was erected on this site as Tampa's first Episcopal Church. The cornerstone of the present church was laid in 1904.

All Visitors and Newcomers are invited to complete the information card, found on the back of the pews, and leave it with an usher or in the offering plate. Please introduce yourselves to the clergy as you leave the church.

Each Sunday we celebrate The Holy Eucharist at 8 a.m. (Rite I, said); and at 10:30 a.m. (Rite II, with choir).

At Your Service: Stay warm at Saint Andrew's: Borrow a shawl from the basket at the back of the church. Shawl donations also welcomed!

IMPORTANT PRIVACY NOTICE

As a mission of outreach to our parishioners and the greater Christian community, audio and video of this service will be recorded and broadcast live on social media. We make every effort to respect and preserve the privacy of members and visitors. If you have any specific questions or concerns about your privacy while worshipping with us, please speak with one of the ushers at the rear of the church.

*Be thoughtful, be silent, be reverent—for this is the house of God.
Before the service, speak to God.
During the service, let God speak to you.
After the service, speak to one another.*

PLEASE SILENCE ALL ELECTRONIC DEVICES.

Holy Eucharist, Rite II, 10:30 a.m.

Prelude: Liebster Jesu, wir sind hier, BWV 731

J.S. Bach (1685–1750)

Tower Bell

Hymn 423 (*stand*)

St. Denio

1 Immortal, invisible, God only wise, in light inaccessible hid from our eyes, most blessed, most glorious, the Ancient of Days, almighty, victorious, thy great Name we praise.

2 Unresting, unchanging, and silent as light, nor wanting, nor wasting, thou rulest in might; thy justice like mountains high soaring above thy clouds, which are fountains of goodness and love.

3 To all life thou givest, to both great and small; in all life thou livest, the true life of all; we blossom and flourish, like leaves on the tree, then wither and perish; but nought changeth thee.

4 Thou reignest in glory, thou rulest in light, thine angels adore thee, all veiling their sight; all laud we would render: O help us to see 'tis only the splendor of light hideth thee.

All standing, the Celebrant says

Priest Blessed be God: Father, Son, and Holy Spirit.
People And blessed be his kingdom, now and for ever.
 Amen.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

Amen.

The following is sung, all standing

Glory to God in the highest,
 and peace to his people on earth.
Lord God, heavenly King,
almighty God and Father,
 we worship you, we give you thanks,
 we praise you for your glory.

S-277

Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world:
 have mercy on us;
you are seated at the right hand of the Father:
 receive our prayer.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
 Jesus Christ,
 with the Holy Spirit,
 in the glory of God the Father. Amen.

Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

First Reading (*sit*)

Isaiah 40:21-31

A Reading from the Book of Isaiah.

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have

you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

People Thanks be to God.

Psalm 147:1–12; 21c *Sung by the choir to Anglican chant F.G. Ouseley (1825–1889)*

1 Hallelujah!

How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!

2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.

3 He heals the brokenhearted *
and binds up their wounds.

4 He counts the number of the stars *
and calls them all by their names.

5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.

6 The LORD lifts up the lowly, *
but casts the wicked to the ground.

7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.

8 He covers the heavens with clouds *
and prepares rain for the earth;

9 He makes grass to grow upon the mountains *
and green plants to serve mankind.

10 He provides food for flocks and herds *
and for the young ravens when they cry.

11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;

12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.

21 Hallelujah!

Second Reading

1 Corinthians 9:16-23

A Reading from the First Letter of Paul to the Corinthians.

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.
People Thanks be to God.

Hymn 411 (*stand*)

St. Thomas (Williams)

1 O bless the Lord, my soul! His grace to thee proclaim! And all that is within me join to bless his holy Name!	4 He pardons all thy sins, prolongs thy feeble breath; he healeth thine infirmities and ransoms thee from death.
2 O bless the Lord, my soul! His mercies bear in mind! Forget not all his benefits! The Lord to thee is kind.	5 He clothes thee with his love, upholds thee with his truth; and like the eagle he renews the vigor of thy youth.
3 He will not always chide; he will with patience wait; his wrath is ever slow to rise and ready to abate.	6 Then bless his holy Name, whose grace hath made thee whole, whose loving-kindness crowns thy days: O bless the Lord, my soul!

Holy Gospel

Mark 1:29-39

Priest The Holy Gospel of our Lord Jesus Christ according to Mark.
People Glory to you, Lord Christ.

When Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Priest The Gospel of the Lord.
People Praise to you, Lord Christ.

Sermon

Nicene Creed (*stand*)

We believe in one God,
 the Father, the Almighty,
 maker of heaven and earth,
 of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.

For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.

Prayers of the People (*kneel*)

Father, we pray for your holy catholic Church;
That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble, especially the people of Ukraine, Israel and Gaza;
That they may be delivered from their distress.

Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

For yours is the majesty, O Father, Son, and Holy Spirit; yours is the kingdom and the power and the glory, now and for ever. *Amen.*

Confession of Sin

The Celebrant says

Let us confess our sins against God and our neighbor.

Silence.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Peace (*stand*)

Celebrant The peace of the Lord be always with you.

People And also with you.

Announcements

Holy Communion

At the Offertory

Anthem

Eugene Englert (b. 1931)

Eternal light, shine in my heart; eternal hope, lift up my eyes, eternal power, be my support; eternal wisdom make me wise.

Eternal life, raise me from death; eternal brightness, help me see; eternal Spirit; give me breath, eternal Savior come to me.

Until by your most costly grace, invited by your holy word, at last I come before your face to know you, my eternal God.

From a prayer of Alcuin, Christopher Idle (b. 1938)

Hymn 380, stanza 3 (stand)

Praise God from whom all blessings flow;
Praise him all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son and Holy Ghost. Amen.

Great Thanksgiving

The people remain standing.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus

S-124

Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The people kneel.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.
AMEN.

The Celebrant then continues

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Breaking of the Bread

The priest breaks the consecrated bread. A period of silence is kept.

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Agnus Dei

S-161

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
have mercy on us.

Lamb of God, you take away the sins of the world:
grant us peace.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized persons are welcome to receive Holy Communion.

Music during Communion:

Hymn 644 (*sit*)

St. Peter

1 How sweet the Name of Jesus sounds
in a believer's ear! It soothes our sorrows,
heals our wounds, and drives away our
fear.

2 It makes the wounded spirit whole, and
calms the troubled breast; 'tis manna to
the hungry soul, and to the weary, rest.

3 Dear Name, the rock on which I build,
my shield and hiding place, my never-
failing treasury, filled with boundless
stores of grace!

4 O Jesus! Shepherd, Guardian, Friend, O
Prophet, Priest, and King, my Lord, my
Life, my Way, my End, accept the praise I
bring.

5 Weak is the effort of my heart, and cold
my warmest thought; but when I see thee as
thou art, I'll praise thee as I ought.

Anthem

Ralph Vaughan Williams (1872–1958)

O taste and see how gracious the Lord is.
Blessed is the man that trusteth in him!

Psalm 34

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Blessing

The priest blesses the people, saying

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

Hymn 376 (*stand*)

Hymn to Joy

1 Joyful, joyful, we adore thee, God of glory, Lord of love; hearts unfold like flowers before thee, praising thee, their sun above. Melt the clouds of sin and sadness; drive the dark of doubt away; giver of immortal gladness, fill us with the light of day.

2 All thy works with joy surround thee, earth and heaven reflect thy rays, stars and angels sing around thee, center of unbroken praise. field and forest, vale and mountain, blooming meadow, flashing sea, chanting bird and flowing fountain, call us to rejoice in thee.

3 Thou art giving and forgiving, ever blessing, ever blest, wellspring of the joy of living, ocean depth of happy rest! Thou our Father, Christ our Brother: all who live in love are thine; teach us how to love each other, lift us to the joy divine.

Dismissal

Priest Go in peace to love and serve the Lord.
People Thanks be to God.

Postlude: In dir ist Freude, BWV 615

J.S. Bach (1685–1750)

THOSE SERVING TODAY: February 4, 2024

Celebrant & Preacher: Fr. Stadel

Assisting Priest: Fr. Reese

Organist: Ryan Hebert

Choral Assistant: Coleman Flentge

Verger: Richard Ferlita

Crucifer: Emily Borsch

Torchbearers: Heath McGhee, Ada Bingham

Lectors: Coleman Flentge, Jeannie Borsch

Lay Eucharistic Ministers: George Bedell, Brad Hall

Videographer: Paul Scheuer, Doug Rubottom, Jan Smith, Kirk Peters

Ushers: Derrick Brown, Donreece Brown, Chris Watson, Michael Dickinson

Altar Guild: Adrienne Love, Anne Paige

Coffee Hour Hosts: Paula Stewart

BIRTHDAYS: Beverley Brown, Donald Burton, Anne Paige, Patrick Allman,
Mary Hart, Gregg Smith, Eric Hargens



The altar flowers are given to the glory of God
and in celebration of Donald Burton's 80th birthday
by his family

Annual Parish Meeting
Today, February 4, Noon
following the 10:30am service



Make a Pledge for 2024

Please return your pledge card for 2024 as soon as possible. If you did not receive a pledge card in the mail, cards are available at the back of the church, in the Parish Hall, or through the parish office (813-221-2035). Make a commitment and support St. Andrew's in the coming year. **We have currently 139 pledges for \$487,884.00**

Save the date to taste new wine and enjoy music

Save the date: **February 17th from 6-8 pm**, in Saint Andrew's Parish Hall. This year St. Andrew's wine lovers will meet for a special midwinter program of new harmony in wine and music provided by Parish Life. You will enjoy music performed by violist (and verger) Allison Besselieu and her colleague Julie Tollen. You will also sample wines beyond your usual favorites presented by Chris Sherman. Tickets are \$10 and will be available after church services on 4 and 11 Feb, as well as on the day. Please note: Child care will be available at the church, if needed.

New Flower Chart

The 2024 Flower Sign-Up Chart is in the parish hall. Please help adorn the altar during worship by sponsoring flowers. High Altar flowers are \$150 for florist choice, personal choices can be arranged at an additional cost. Chapel Altar flowers are optional. To sponsor both Altars, the cost is \$250. If you have questions, please contact Charlotte Churchill 813-352-0162 cmchurchi18@gmail.com

Vestry Class of 2027 Nominees

Nicole Carr



I moved to Tampa in 2001 for college and started attending St. Andrew's that fall. Although I was a cradle Episcopalian, we were a military family, so I was never able to be confirmed as a teen. I completed my confirmation classes that year at St. Andrew's (shoutout to Ray Vince who led them!) I graduated from the University of Tampa in 2005 with a bachelor's degree in Secondary Education, a Bachelor of Science in Social Science, and a minor in History. I taught History in various schools across Tampa Bay including Hillsborough County Public Schools and Academy at the Lakes. In 2011 I

graduated again from UT with a M.Ed in Curricula and Instructional Leadership and taught at UT for 9 years in the Department of Education. We welcomed our sons Daniel in 2014 and Kevin in 2016 who were both baptized here at St. Andrew's. In 2016 I started a social media company that has grown beyond what I ever expected and left teaching in 2020 to run the business full time. We recently purchased a house in Lutz but continue to drive to St. Andrew's because it is our home and can't imagine worshipping anywhere else

Don Crawford



Don is originally from the Atlanta area and has lived in Tampa for 16 years. He attended Oglethorpe University, where he served as President of Delta Sigma Phi and as the chapter's delegate to the Interfraternity Council. He attended law school at the University of Florida, where he served as the Management Editor of the Florida Law Review. Don practiced law at Paul Hastings LLP in Atlanta and at Greenberg Traurig LLP in Tampa before starting Cope, Zebro & Crawford in 2012. He continues to practice law, primarily business litigation, in Clearwater, Florida, and he serves as Chairman of the St. Petersburg Committee of Ducks Unlimited. Don and Summer

Crawford met in Atlanta and were married at Don's family farm in Lake Butler, Florida in 2009. They are the proud parents of Rayanne, age 12, and Winona, age 10. All four Crawfords were baptized together at St. Andrew's on October 11, 2015, and Don and Summer were confirmed on Pentecost Sunday 2017. Don thanks God for the holy peace, comfort, and fellowship that his family has found at St. Andrew's, and looks forward to serving the church and God's people for many years to come.

Piers L. Curry II



Piers was born in Armonk, New York where he and his family attended St. Stephen's Episcopal Church. He moved to northwestern Pennsylvania where he served as an acolyte at Trinity Memorial Episcopal Church and met and married his wife, Pam.

Piers is a member of the St. Andrew's Foundation Board, has previously served on the vestry as treasurer, has been a verger for six years, and has volunteered to help with many events and outreach. Both of his children, Stella (20) and Ian (18) have been involved in the youth ministry and have served as acolytes.

Piers serves on the board at Academy at the Lakes and currently chairs the advancement committee. He has also volunteered in various leadership roles with Boy Scouts of America where his son, Ian, recently earned the rank of Eagle Scout.

Piers graduated from Penn State and received his MBA from USF. He has worked in the financial services industry for over 17 years. In his free time, Piers enjoys spending time with his family and friends, loves to travel, and is an avid college football fan.

Wayne Daley



Hello, my name is Wayne Daley and I have been a member of St. Andrew's for over 10 years. I was confirmed at St Andrew's about 9 years ago. It was a life changing decision. I have served as one of the ushers at the 8:00 AM service for over 8 years. I now serve as the head usher at the 8:00 AM service since in-person worship resumed after the pandemic, and after the passing of my friend and mentor Charles Caro.

I work as a Cyber consultant and own a Cyber recruitment agency. I have a bachelor's in computer information systems from Excelsior University and a master's in cyber security from the University of South Florida.

I am originally from Massachusetts, however I settled in Florida after serving four years in the U.S. Navy, stationed aboard a frigate in Mayport, Florida. After my enlistment ended, I stayed in Florida enjoying the great weather and people!

Besides prayer and meditation, I enjoy traveling the world with my longtime partner Kim and we reside in St Petersburg with too many cats to count....

Paul Henley



Paul Henley was raised in the Diocese of Southwest Florida, attending St. Catherine's Episcopal Church in Temple Terrace and the many youth programs at Dayspring. He has attended St. Andrew's with his wife and two children since returning to Florida in 2019. Paul volunteers his time helping with the Sunday school program and the lunch program for the homeless. He previously served on the vestry of Trinity Episcopal Church in Iowa City.

Adult Christian Education

Sunday mornings at 9:30

The Lord's Prayer: The Meaning and Power of the Prayer Jesus Taught

Most Christians know the Lord's Prayer by heart. We pray it often, at different times and in different settings. We remember it as the prayer that Jesus taught his disciples. But do we really understand and appreciate the meaning and power of its words, what we ask of God each time we pray it?

When the disciples asked Jesus how to pray, Jesus gave them this prayer. He likely taught it to his followers often, not just one time. He never intended the Lord's Prayer to be a museum piece, framed and placed on a mantel or in a display case. It was Jesus teaching God's people, through his disciples, how to pray.

In the video series *The Lord's Prayer: The Meaning and Power of the Prayer Jesus Taught*, pastor and bestselling author Adam Hamilton guides us to really know—and really pray—the Lord's Prayer. He explores each of its rich lines and their meaning in the Bible, illuminating what we ask of God and what we ask of ourselves through its words. And he teaches us how to use it as a pattern for our own prayer life. Hamilton is senior pastor of The United Methodist Church of the Resurrection in Leawood, Kansas.

Here is the rest of the line-up:

February 4- And Lead Us, Not into Temptation

February 11 - For Thine Is the Kingdom, Power, and Glory

This class, facilitated by the Rector, meets in Room 302 (the Library) on the third floor of the parish building

Thursday evenings at 7:00pm

Adult Inquirers' Class

New to St. Andrew's and the Episcopal Church? Or just trying to brush up on the faith? Then join us for this seven week series exploring the Episcopal Church. We will use *Looking at the Episcopal Church*, a book by The Rev. William Sydnor. We will comprehensively cover the church's symbols, customs, practices, history, creeds,

sacraments, and mission. This class is required if you wish to be confirmed or received into the church during Bishop Scharf's visitation on **Sunday, February 25th** at the 10:30 service.

Here is the rest of the line-up:

February 8 – The Church Year and Sacraments

February 15 – The Ordained Ministry and the Mission of the Church

February 22 – Ministry of the Laity

This class, facilitated by the rector, meets in Room 302 (the Library) on the third floor of the Parish Building.

Shrove Tuesday, February 13th

5:30pm Holy Eucharist in the Children's Chapel

6:00pm Pancake Supper in the Parish Hall

(hosted by St. Andrew's Youth)

6:30pm Lenten Series begins



Wednesday, February 14th

8:00am Holy Eucharist (Rite One) in the Chapel

12:10pm Holy Eucharist (Rite Two)

7:00pm Holy Eucharist (Rite Two with choir)

All services include imposition of ashes

Tuesday Evening Lenten Series

Our annual Lenten series will begin this year on Shrove Tuesday, February 13th, and continue weekly through March 19th. Each evening begins at 5:30pm with Holy Eucharist in the Children's Chapel. A potluck supper follows at 6pm in the Parish Hall and the program begins at 6:30pm. The presenter this year is our own Dr. Ryan Hebert.

Music Notes Unscripted: *What Music Teaches us about God*

By Ryan Hebert

- 2/13 In the beginning was the word (John 1:1) - Hosted by the Youth
Inspiration, Motivation, Intention, and the Creative Process Unfolding
- 2/20 Let everything that has breath praise THE LORD (Psalm 150:6) - Hosted by Parish Life
Breadth and Breath: Singing and the allure of the pipe organ
- 2/27 Be still and know that I am God (Psalm 46:10) - Hosted by the Choir
Sound and Silence: Musical expression and the art of listening
- 3/5 Become like children (Matthew 18:3) - Hosted by Daughters of the King
Playing music and creation's playfulness
- 3/12 Forget the former things (Isaiah 43:18) - Hosted by Outreach
The illusion of perfectionism and the perfect performance
- 3/19 The truth will set you free (John 8:32) - Hosted by the Altar Guild
*Organ Voluntary? Or Involuntary? Playing with Abandon
(organ recital demo)*

Stations of the Cross: Fridays in Lent 12:10pm

Come and join us for this 30-minute devotional, observed on Fridays in Lent at 12:10pm running through Good Friday on March 29. Our Stations of the Cross, a gift from Nathan & Jane Simpson, are a series of pictures representing certain scenes in the Passion of Christ, each corresponding to a particular incident. Formerly the number of stations varied considerably in different places but fourteen are now generally acknowledged. The object of the Stations is to help the faithful to make in spirit, as it were, a pilgrimage to the chief scenes of Christ's sufferings and death. It is carried out by passing from Station to Station, with certain prayers at each and devout meditation on the various incidents in turn. It is very usual, when the devotion is performed publicly, to sing a stanza of the "Stabat Mater" while passing from one Station to the next.

Music Notes

Fear paralyzes, especially when used in teaching. I've had teachers who have put the fear of God in me, but I never found them to be terribly effective. However, fear is a common educational tool. Call it "old school," but I think it's time for some "new school."

My grandparents attended a Pentecostal church, and occasionally we visited. It was Bible-thumping, hellfire, and brimstone. I remember it frightened me, never motivated me or opened my mind to possibility. The insinuation of such "teaching" was that something was wrong, and if I didn't do something to fix it, there would be grave penalties. But idle threats lose their effectiveness.

Today's offertory anthem is a sweet reminder of how to teach. It's by an American composer, Eugene Englert, who said of his music, "I have derived great satisfaction in knowing that so many of my works have been sung in churches throughout this country and others. Hopefully, they are helping people to worship God better through music." Sounds like Englert's a teacher – *helping* people to better understand God. There's the key - help. Fear doesn't help but only hinders understanding.

I like anthems like this – soft, simple, and meaningful. They coax the listener out of a slack-jawed malaise, offering a gentle pathway to divine knowledge. If you turn off the TV, stop the noise, and just sit in nature, you wonder, "What is everyone so afraid of?" Music like this makes you question the sanity of fear. Its simplicity lulls you into a kind of serene docility that only music, silence, and nature can do. It's spiritual food that seeps in unassumingly – nourishing, edifying, and uplifting. It calls forth the spirit in wisps of Truth. Fear closes the spirit, freezing its whimsical effervescence.

The words are adapted from a prayer by Alcuin of York, a clergyman who lived from c. 735–834. In 782, he was asked to join Charlemagne's court. In his role as adviser, he questioned the emperor's policy of forcing pagans to be baptized or else face death. He argued that "Faith is a free act of the will, not a forced act. We must appeal to the conscience, not compel it by violence. You cannot force [people] to believe." In 787, the death penalty for paganism was revoked. Sounds like Alcuin was an effective teacher for such a "powerful" emperor! The quiet voice of persuasion can change nations and soften the harshest individuals. This is how you affect change as a teacher – creatively.

Spiritual teaching must appeal to the conscience through gentle, creative inducement. We learned this from Jesus, who imparted wisdom by crafting clever stories. The cat won't come to you if you demand or threaten her. You must become supple, and she will come, but in her own way and in her own time.

I've had enough "old school" fire and brimstone. The "new school," which is really the ancient school, can be learned in the story of Elijah. "After the earthquake came a fire, but the LORD was not in the fire. And after the fire came a gentle whisper." When we step back from the earthquake and the fire, we always come to a unitive knowledge of God's abiding peace. A person's best cannot be extracted by thumping them or the bible. It can only be coerced, gently, creatively, and with *lots* of love and patience. What great lessons we learn in supple music like this, if only we practice what it "preaches." *Soli Deo Gloria!*

PRAY FOR THOSE WHO HAVE DIED: Sarah Hudson, Charles Caro, Evelyn Smith, Mignon Grant-Levy, John Tomlinson, Nell Rorebeck, Marion Gustin, Jane Collins, Paul Cullen, Barbara Jones, Gerry Calahan, Mary Nichols, Peggy Kleven, Linda M. Delmasto, Angela Massari, Evelyn O. Jewell, Brycen Coyle, Anita Ramirez, Jane Cantler, Phyllis Sheaffer, Diane Kemker, Martha Medel, Sarah Moody, Larry Kleven, Isabelle Ferrell, William Shuler, Ian Snider, Libby Dickinson, LouAnn Connors, Roma Plimmer, Patricia Maxfield, Jenette Kerr, Kay Rankin, Joe Daurril, Stephen Rosser

THOSE FOR WHOM PRAYERS HAVE BEEN ESPECIALLY REQUESTED:

Mark Caro, Sgt. Billy Gudzak, Charlene Maxwell, Joan Hoppe, Carlton Hart, Stephen Tedrowe, Virginia Sink, Charlie Richardson, Christine Hudson, Janet Norona, Michael Norona, Christopher Hunt, Charles Mullen, Jack Plimmer, Corinne Gaile, Jack Boyet, Jean Turner, Analee Mayes, Rick Ostman, Linda Barry, Dawn Headland, Beth Luensman, Carole Fields, Roy Collins, Judy Van Valkenburgh, Joe Daurril, Georgia Vahue, Sean Heavey, Janet Cook, Linda Liconti Longo, Holly Clemmons, Katie Pastorius, Deloris Lewis, Dale Saville, Jeff Johnson, Wayne Putney, Ralph & Nancy Swank (*We are happy to include all prayer requests. Names will remain on the list for four weeks. Please call Lauri in the church office if you desire a name to remain on after four weeks or to be removed sooner.*)

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